

Composite Veneers / Aesthetic Composite Restorations – Patient Consent Form

Patient Name: _____

File Number: _____

Date of Birth: _____

Clinician: _____

Date: _____

1. Nature and Purpose of the Treatment

Composite veneers or aesthetic composite restorations involve the addition of tooth-coloured resin materials to the front (and sometimes side) surfaces of teeth to improve their appearance, shape, and alignment, and/or to restore tooth tissue lost through wear, fracture, erosion, or previous restorations.

These restorations may be placed directly onto the teeth or following digital or analogue mock-up and smile design planning.

The treatment is **minimally invasive**, often performed without significant tooth reduction, but still involves **irreversible alteration of tooth structure**.

2. Planning and Design Process

- I understand that **diagnostic records** (photographs, scans, models, radiographs, and shade analysis) will be taken as part of the planning process.
- I have been shown or will be shown **mock-up designs, digital smile simulations, or trial restorations** to preview the proposed outcome.
- I understand that I must **approve the design and shade** prior to definitive treatment.
- Once treatment has been completed, any further changes to colour, shape, or contour will incur **additional costs**.
- Minor discrepancies between planned and final results may occur due to limitations in materials, tooth anatomy, and intraoral conditions.

3. Treatment Stages

The clinical process may include:

- Surface preparation or light enamel modification to enhance adhesion.
- Isolation of the teeth using rubber dam or equivalent.
- Incremental placement and sculpting of high-quality composite resin.
- Finishing and polishing to achieve natural surface lustre and contour.
- Adjustments to bite (occlusion) where appropriate.
- Review appointments to assess comfort, aesthetics, and function.

In some cases, treatment may be performed in **multiple stages** to optimise aesthetic and functional results.

4. Advantages of Composite Veneers

- Minimally invasive or no preparation of enamel.
 - Immediate improvement in aesthetics.
 - Repairable if chipped or worn.
 - Lower initial cost compared to porcelain veneers.
 - Can be modified or replaced more easily in future.
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5. Limitations and Disadvantages

- Composite is **less wear-resistant** than porcelain and may dull or stain over time.
 - Lifespan is generally **3–7 years**, depending on oral hygiene, diet, and habits.
 - May require **periodic repolishing, resurfacing, or replacement**.
 - Slight **colour change** may occur due to staining from food, drink, or smoking.
 - Composite may **chip, fracture, or debond** under excessive load (e.g., bruxism, nail biting, hard foods).
 - The result is **highly dependent on patient maintenance** and regular professional care.
 - Future replacement with porcelain restorations may require **further tooth preparation** and additional cost.
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6. Maintenance and Aftercare

- Excellent oral hygiene and **regular professional polishing** are essential to maintain surface lustre.
 - Avoid biting hard substances (ice, nuts, pens) or using teeth to open packaging.
 - Wear a **protective night guard** if you grind or clench your teeth.
 - Attend review appointments as recommended (typically every 6–12 months).
 - Staining can often be improved by professional polishing but may not be completely reversible.
 - Composite restorations are **not guaranteed to last indefinitely** and will require maintenance or replacement over time.
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7. Potential Risks and Complications

- **Post-operative sensitivity** (usually temporary).
 - **Marginal staining** or deterioration of lustre.
 - **Colour mismatch** due to natural tooth or material changes over time.
 - **Fracture, chipping, or debonding** requiring repair or replacement.
 - **Gingival inflammation** if plaque control is inadequate.
 - **Changes in bite** or need for occlusal adjustments.
 - **Irreversibility** of enamel alteration (in cases involving preparation).
 - **Requirement for future replacement** with composite or ceramic restorations.
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8. Financial Implications

- I understand that composite veneers are a **cosmetic elective treatment** and **not usually covered by insurance**.
- Any maintenance, repair, or replacement after the warranty period will incur **additional costs**.
- Subsequent aesthetic modifications (colour change, design alteration, etc.) will be charged separately.
- If porcelain veneers are chosen in the future, additional preparation and laboratory fees will apply.

9. Alternatives to Composite Veneers

The following alternative treatment options have been discussed:

- No treatment (accepting current appearance).
- Tooth whitening (for colour improvement only).
- Orthodontic treatment (for alignment improvement).
- Porcelain veneers or crowns (more durable but more invasive).

I understand the relative advantages and disadvantages of each option.

10. Patient Declaration

I confirm that:

- I have been given a full explanation of the nature, purpose, benefits, and potential risks of this treatment.
- I have had the opportunity to ask questions, which have been answered to my satisfaction.
- I understand that results may vary depending on individual factors and compliance with maintenance recommendations.
- I accept the limitations and possible complications of composite veneer treatment.
- I consent to photographs, scans, and other records being taken for diagnostic, monitoring, and educational purposes (tick if agreed): Yes No

Patient Signature: _____ **Date:** _____

Clinician Signature: _____ **Date:** _____

11. Clinician Notes

Treatment discussed: _____

Shade/design approved on: _____

Mock-up / wax-up shown and accepted: Yes No

Estimated longevity explained: Yes No

Maintenance plan discussed: Yes No